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# A Thematic Study of Colleen Hoover's it Starts with us

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**ABSTRACT:** "It Starts with Us" is a sequel to Colleen Hoover's previous novel It Ends with Us " The plot continues where the first book left off, telling the story of Atlas Corrigan and Lily Bloom.

Readers were first introduced to Lily Bloom in "It Ends with Us," a story about her turbulent relationship with Ryle, a man known for his violent temper. Additionally, Lily's past was investigated, exposing her relationship with Atlas Corrigan, a homeless kid she had assisted in her youth. Despite their strong friendship, their circumstances drove them apart. Even after falling in love with Ryle, thoughts of Atlas were never far from the surface. Witnessing domestic abuse between her parents as a child, Lily finally makes the decision to leave Ryle for the benefit of her daughter Emerson, particularly in light of Ryle's growing aggression. "It Starts with Us" dives further into Lily's life following her breakup with Ryle. A little over a year after they split up, Lily encounters Atlas again. The novel having 37 chapters narrates the story of their relationship's revival and how fate seems to be on their side. The narrative serves as a tribute to fate, love, and second chances.

The value of resilience, self-worth, and the capacity to move on are all emphasized throughout the book. Lily's transformation from a battered woman into a strong, self-reliant lady is an inspiration. The narrative emphasizes how important it is to make the correct decisions in spite of difficulties.

To sum up, "It Starts with Us" is a moving continuation of Atlas and Lily's tale that delves into the complexities of sacrifice, love, and personal development. It's evidence of Colleen Hoover's talent for developing sympathetic characters and gripping stories that connect with readers.

**KEYWORDS**: Colleen Hoover, It Starts with Us, It Ends with Us, Atlas Corrigan, Lily Bloom, domestic violence, trauma recovery, second chance romance, love and resilience, abusive relationships, emotional healing.

# I. INTRODUCTION

"It Starts with Us" by Colleen Hoover examines the difficulties and significance of beginning anew following trauma and psychological suffering. It explores the inner turbulence that follows these kinds of encounters and gives rise to new beginnings.

Colleen Hoover's follow-up to her best-selling book and Book Tok sensation, "It Ends with Us. "It Starts with Us." is a sequel which picks up just where "It Ends with Us" left off, guiding the reader through the complexities of life following divorce and domestic violence. Compared to its predecessor, "It Starts with US" provides a more upbeat experience. It centres on Atlas and Lily's blossoming relationship as they traverse the challenges of their divorce, and they find family and begin a new life after trauma. Hoover portrays a "second chance" romance in many respects, switching back and forth between Atlas and Lily's perspectives.

Hoover clearly illustrates the difficulty of relationships: pursuing love is a never-ending task. "It Starts with Us" often offers compelling narratives that feel true to the lives of the people, highlighting both the beautiful and the dark sides. "It Starts with Us" contains enough action and compelling ideas as a standalone narrative. The plotlines mirrored in this book feel new and distinct from "It Ends with Us,". This helps to tastefully advance the plot.

Apart from examining love, Hoover delves into the intricacies of hatred, manipulating the readers' moral compass. Hoover successfully demonstrates that there is no such thing as a true "antagonist" by making her readers feel empathy for the antagonists in the novel.

In "It Starts with Us," the antagonists have the capacity to become protagonists. if provided the appropriate assistance. "It Starts with Us" emphasizes on recovery and beginning a new, healthy love life. It's a tale of experiencing love for the first time and of offering people the love they deserve.



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"It Starts with Us" delves into the realities of relationships: While falling in love is simple, loving is difficult. Furthermore, every relationship has flaws of some kind; the only thing we need to decide which flaws we are willing to accept.

All things considered, "It Starts with Us" is a lovely book that completes the tale that "It Ends with Us" began. A portion of the trauma from the first book is subtly resolved, and readers are shown that even with terrifying new beginnings, happiness may still exist. Although it doesn't have the same emotional depth as its predecessor, "It Starts with Us" effectively carries on Lily's journey by narrating the tale of second chance love.

#### II. ABOUT COLLEEN HOOVER

Colleen Hoover, an author born in Sulphur Springs, Texas in 1979, grabbed the early 2000s by storm with her love books full of unexpected story twists. Instead of using the regular publishing path, Hoover chose to self-publish many of her books, gaining a devoted audience, particularly on TikTok. Her journey to achievement was not always simple. Her parents divorced when she was young as a result of her father's aggressive behaviour. Despite the financial challenges of owning a small dairy farm with her mother and stepfather, Hoover persevered and got a social work degree from Texas A&M-Commerce in 2004.

Program for Women, Infants, and Children, as a counsellor which was a federal program she held a number of jobs. Hoover, a social worker, had three children in a trailer house with her husband, who worked for a long-haul trucking company. Hoover borrowed a laptop and began writing a romance novel "Slammed" in 2011. Hoover self-published the piece in 2012 which became her first book to appear on USA TODAYS'S bestselling book list. She gifted the novel to her mother as a Christmas present. Word-of-mouth and positive social media reviews helped it ascend the best-seller lists even though publishers had initially rejected it. Colleen Hoover's trademark style, which combines romance, drama, and unexpected narrative twists, captivates readers and propels her to success. Sequels such as "Point of Retreat" and "This Girl" solidified her position on bestseller lists. Hoover then went full-time writing, branching out from romance, which is still her most well-known genre. She is also acknowledged with helping to pioneer the New Adult genre, which tackles the issues that young adults face as they enter adulthood, generally with a focus on love relationships. Hoover's kindness during the COVID-19 pandemic, which included free eBook, combined with her growing popularity on TikTok, fuelled an increase in readership. This unprecedented event resulted in both her old and new novels topping bestseller lists at the same time. Perhaps her most renowned tale, "It Ends with Us," about Lily Bloom, a florist who overcomes a violent background. It Starts with Us, a follow-up, was released in 2022. Among Hoover's other well-known works is Ugly Love (2014), in which a man and a woman decide to limit their relationship to sex only, but they both struggled to keep up with it.

# III. THEMATIC STUDY

Themes play a very significant and widely appealing role in the literary work of colleen hoovers it starts with us novel People have a love-or-hate connection with Hoover's writings, but many readers seem to feel the opposite way. It starts with Us illustrates what can occur even after leaving an abusive relationship, particularly in cases where children are involved. It's not always possible to cut off all ties with that person.

#### Epitome of Unconditional love

The characters in the novel go through the experience of true love as having the power of healing. Despite their histories of abuse and violence, Atlas and Lily have both built prosperous lifestyles at the start of the book. Even though Lily divorced the aggressive Ryle and Atlas ran away from his abusive mother as a teenager, these painful memories from their individual pasts still have an impact on their lives. Given Atlas' mother's return and Ryle's ongoing impact on Lily's life, it appears that both Lily and Atlas still need to recover in order to be free of the suffering from their pasts. Lily, for instance, has come a long way in separating herself from Ryle and creating a life free from his rage. But even at the beginning of the book, Lily is aware that Ryle's volatile emotions still have some control over her whenever she considers Atlas as a possible love interest. In a same way, though Atlas has not experienced abuse from his mother since he was 17, when she reconnects and as he takes care of his brother Josh. Atlas realises that his half-brother Josh is dealing with many of the same challenges he had faced as a youngster, including Sutton's aggression and her failure to properly take care for him.

These protagonists discover a fresh, optimistic path by moving towards love and away from aggression. Lily finds the kind of love she wanted throughout her life in her relationship with Atlas one that is caring, protective, and supportive. Lily's bond with Allysa, her best friend and Ryle's sister, is another way that the power of genuine love influences her. Despite Ryle's threat, Allysa helps Lily heal and encourages her to boldly go towards a life of love with Atlas. Lily



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keeps healing herself and getting away from Ryle's clutches with the devoted help of Atlas and Allysa. Love gives Lily the strength to set stricter, and more defined limits with Ryle. She also pursues her own goals in spite of Ryle's fury and shields Emerson from his attempts to dominate and control her.

Atlas, out of love for Josh, sets limits with his mother that he was unable to do as a teenager. Atlas refuses to let Sutton persuade him into mistreating Josh. His ability to flee Sutton's abuse in the first place was solely owing to Lily's intervention and healing love. Atlas is determined to tackle the problem and accepts full responsibility for Josh's well-being. As a result, Josh is given the opportunity to have a happy and loving life with Atlas and Lily, who eventually marry at the end. Every character finds a way to become wholesome, by the power of true love and getting healed, from the toxic and abusive treatments they met in their lives. Together, they also build a loving and compassionate family that proves to be a safe haven for their kids, free from ill treatment and abuse.

# The Power of Compassion to Overcome Violence

Throughout the book, Atlas makes use of his empathy and compassion skills to stop other characters from acting violently and to steer his own life in the direction of contentment and harmony. For instance, when Ryle attacks, Atlas did not react and gives him time to cool down. Atlas is composed throughout the conversation, demonstrating respect for Ryle as a whole. He acknowledges Ryle's abilities and accomplishments as a neurosurgeon and exhibits empathy by visualizing Ryle's anguish in seeing Lily happy with another guy without understanding her point of view. Despite the fact that using violence would have been quicker and more natural reaction, Atlas's strong sense of compassion allows him to resist escalating the situation. Instead, he is patient, shows self-control, and demonstrates composure, denying Ryle an opportunity to react. This careful and courteous approach demonstrates Atlas' emotional intelligence and dedication to maintain peace. Atlas disarms him and takes away his ability to exert control over the circumstance. By doing this, Atlas also establishes a peaceful framework for their future interactions, demonstrating that they must cooperate regardless of Ryle's feelings.

By diffusing Ryle, he makes Lily happy to be with a man who uses reason rather than violence to respond when she comes to know of it. In the same way. Atlas expresses his love for his mother in spite of her complexities by preparing her favourite supper, coconut shrimp. Atlas responds with empathy and compassion the struggles she had faced as a single mother. Instead of becoming frustrated or resentful, Atlas chooses to acknowledge her problems. This act of making a favourite dish, as well as his calm response, demonstrate his enduring love and ability to empathize with her painful experiences, regardless of the agony they caused him. This method emphasizes Atlas's maturity, demonstrating his ability to express kindness in the face of hardships. Atlas saves and shields Josh by not placing too much blame on Sutton for her previous deeds, but he also makes room for Sutton to continue in Josh's life. Thus, Atlas resolves to a more loving and peaceful future and breaks the destructive patterns in his and Lily's lives with a combination of compassion and fortitude.

### Role of community in Ending Abuse Cycles

"It Starts with Us" demonstrates the critical importance of community support in breaking the cycle of abuse and entrenched violent behaviour. Despite her resolution, Lily struggles to escape Ryle's rage and violence, and his relentless advances and gaslighting frequently cause her to rethink whether she made the correct decision to leave him at the start of the novel. Lily is finally able to leave Ryle because of the constant support of Atlas, her mother, and her best friend Allysa. Atlas provides Lily with a safe haven where she feels loved, discover her actual needs and escape Ryle's attempts to manipulate her. Lily's mother, who has experienced violence herself, provides crucial encouragement by expressing admiration for Lily's fortitude and wishing that she would have left her own abusive husband to protect her daughter. Allysa, too, has an important role in Lily's journey. Along with her husband Marshall, Allysa assists Lily in setting hard boundaries with Ryle and insists that he should seek treatment for his anger management. The joint assistance of Atlas, Lily's mother, and Allysa enables Lily to break away from Ryle's physical, psychological, and emotional assault. This network of support and compassion allows her to reclaim her life and live it on her own terms. The story emphasizes the value of having a strong support system and the fortitude required to leave an abusive relationship, as well as the transformational power of community and solidarity in overcoming violence and achieving personal liberty. In the same way, Atlas wants to save his brother Josh from the mistreatment he experienced as a young child. Even though Atlas takes the lead in the effort to save Josh and establish limits with Sutton, he needs assistance from the local community. Before he even realizes the vandal is his brother, his staff at the restaurant helps him, saving him from having to report the youngster to the police. Atlas seeks advice from friends with legal experience after discovering that the vandal is his half-brother Josh, and they assist him in figuring out how to obtain custody. In addition to being Atlas's confidante, Theo befriends Josh, giving Atlas the space he needs to work out how to obtain custody of his half-brother and his relationship with Lily. Lily supports Atlas at every step helping him to decide the best way in getting the custody, she also connects with Josh, and helps him to understand how Atlas was



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mistreated by Josh's father Tim when he was a teenager. This support helps Josh choose Atlas which also suggests that she will continue to be there for Atlas and Josh in the future.

#### Malicious Destruction

In the book, vandalism represents how the past may reemerge in both positive and harmful ways. When Atlas discovers the misspelled slur scrawled on Bib's, he is reminded of his mother, who also mispronounced the curse. Throughout Josh's childhood, Sutton made him understand that Atlas had abandoned him, despite Atlas's full ignorance of Josh's existence. Josh's numerous acts of vandalism imply that, as a lost and lonely person, he utilizes it as a tool to get in touch with his brother. Josh uses the few tactics his mother has taught him to get Atlas's attention: acts of defiance, name-calling, and anger, in the hopes of gaining his brother's affection and interest. Although Atlas is first ignorant that the vandal is his brother, he feels immediate sympathy for him, recognizing the anguish of growing up abandoned and without a stable family. Atlas' empathy derives from his own childhood memories of being ignored and alone. Vandalism, thus, functions as a type of graffiti—a coded call for assistance to which Atlas responds with his typical grace and compassion. Atlas's response of reconciliation and understanding opens the door to a possible future relationship between him and Josh. Furthermore, the vandalism highlights the power of parental influence and the desperate steps that children may take in order to find affection and connection. It emphasizes the cyclical nature of trauma, as well as the critical importance of empathy and support in breaking these cycles. Atlas's compassionate response to the vandalism not only tackles the immediate problem, but also lays the groundwork for mending and developing a genuine friendship with his brother, demonstrating the power of understanding and kindness in changing people's lives.

#### Closets

In Atlas and Lily's developing romance, closets serve as a reoccurring shelter, shielding them from danger and curious eyes as they revive their love. When Atlas suddenly visits Lily at the flower shop and Ryle comes, Lily quickly hides Atlas in the office supply closet. This behaviour exemplifies Lily's resolve to protect her loved ones at any costs, indicating her willingness to go to extraordinary lengths to preserve their security and privacy. The usage of closets as a shelter emphasizes the delicate nature of their relationship, which requires secrecy and discretion. It represents the difficulties people have in navigating their emotions in the face of external demands and potential threats. Furthermore, this pattern underlines Lily's ingenuity and quick responses during times of crisis, demonstrates her strong devotion to protecting those she loves. Overall, the reoccurring subject of closets in their romance not only emphasizes the importance of secrecy but also demonstrates Lily's strength and commitment as she navigates the complexities of love and protection in their developing relationship. She protects Atlas from a potential physical assault by Ryle and shields her developing romance from Ryle's envious meddling by keeping Atlas in the closet. After Ryle goes, Atlas leads Lily into the closet, making it into a haven where they may find privacy and rekindle their love. Later that night, as Lily gets ready for bed, she becomes nervous and apprehensive about getting personal with Atlas. In nervousness Lily, gets stuck in her dress, Atlas gently supports her in overcoming her trepidation before their relationship is further exposed. By closeting Lily and Atlas strengthen their relationship to face the awaiting challenges of life.

#### Role of Movie in the Novel

"Finding Nemo" is a reoccurring motif throughout the narrative, representing Atlas and Lily's perseverance in the face of adversity and their ultimate voyage to a happy conclusion. Atlas and Lily have relied on the film for solace and empathy since their adolescence, when they fled their terrible families. The film's significance stems from Ellen DeGeneres, who voices the character Dory and is addressed in Lily's journal. Dory's phrase "just keep swimming" served as a guiding principle for Atlas and Lily during their separations and struggles. Ryle feels enraged when he realizes Dory, Emerson's middle name, is related to something Lily shared with Atlas for the first time when he watches "Finding Nemo". Ryle's negative reaction to the film creates another challenge for Lily. This disagreement over the film becomes a major source of tension between Atlas and Ryle, illustrating their opposing viewpoints about Lily's interests and roles in her life. Atlas, in contrast to Ryle's dislike for the film, welcomes Lily's enthusiasm for it and weaves pictures and words from "Finding Nemo" into their shared love narrative. This gesture not only enhances their friendship, but also deepens Lily's devotion to Atlas, as his understanding and support stand in stark contrast to Ryle's jealously and contempt. By the end of the novel, Atlas had referenced the film in his wedding vows, saying, "It is my wish for you to be my fish," representing their shared journey of overcoming previous traumas and moving on with love and laughter. Overall, "Finding Nemo" is more than just a film in the novel; it represents resilience, mutual understanding, and the transformational power of shared experiences in establishing long-term connections.

# The Strength of Establishing Boundaries

Lily, who is tied to her abusive former spouse through their daughter Emerson, finds it difficult to face her painful history and uphold boundaries that will shield Emerson and her from future abuse. But soon after suddenly running into Atlas on the street, Lily starts to doubt the co-parenting arrangement she and Ryle have created as well as her own



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goals in life. Lily discovers the importance of establishing boundaries on her own terms after being unable to ignore the bond she has with Atlas. Because of her anxiety and experience as a victim of domestic abuse, Lily finds it difficult to establish personal limits with Ryle. In the past, she had experienced violence whenever she tried to assert herself. She worries that she will be punished for defying Ryle's demands, even if she has divorced him. She also harbours this fear in her connection with Atlas. In the beginning of the book Lily is avoiding Atlas because of fear that Ryle will hate her, thus allows Ryle's anger issues restrict her independence. Lily and Atlas's strong bonds compels her to reconsider the control she has given to Ryle over her life and to set greater boundaries in their coparenting arrangement.

#### IV. BOOK REVIEW

1. It Starts with Us startled me in the beginning. When I started reading the book I realised it was a sequel of the novel It Ends with Us, but it was still very much meant to be read as a standalone.

The sensitive and rarely spoken subject of domestic abuse is addressed in this book, particularly in fiction. Through the experiences of Lily and Atlas, the two major characters, the themes of love, trust, and forgiveness are examined. Since they have suffered abuse in previous relationships, they must overcome the obstacles of starting over and mustering the willpower to go on. Hoover does a fantastic job depicting the nuanced feelings and experiences of those who are impacted by the trauma of ill treatment at home and the way its aftermaths effect the life of the sufferer and their future. I thought It Starts with Us was a really interesting and moving narrative, and I would suggest it to others. Though difficult to read, this book is significant and, in my opinion, has the power to significantly impact readers' lives.

2. Colleen Hoover's heartbreaking contemporary romance "It Starts with Us" delves into themes of love, sorrow, and forgiveness. The protagonist of the book is Lily Bloom, a young woman whose father's violent actions caused her to endure severe trauma as a youngster. She develops feelings for successful neurosurgeon Ryle Kincaid, and the two of them start a passionate relationship. Lily starts to see that Ryle has a darker side that he tries to hide from the world as their friendship grows. He struggles with his emotions and actions since he is plagued by his own traumatic history. When Atlas Corrigan, Lily's first love, reappears in her life and challenges her preconceived notions about loyalty and love, the narrative takes a drastically different course. Since Lily is the main character in the book, the author does a fantastic job of exploring the thoughts and feelings of her character. The characters are well-developed, and the plot is masterfully handled, which makes it simple to feel sympathy for them. Because of Colleen Hoover's captivating writing, the reader is drawn in and stays interested all the way through. This book's depiction of abusive behaviour and its effects on the victim is what I found most admirable. The author depicts brutal reality of domestic abuse and its terrible impact on the sufferer and others around them. But the novel also shows that love and forgiveness can mend even the most severe wounds, giving readers hope and redemption.

In summary, "It Starts with Us" is a gripping book that approaches significant subjects with tact and consideration. Anyone who appreciates modern romance novels with a message should definitely read it. This novel is guaranteed to make an impression on readers long after they finish it, as Colleen Hoover has once again shown herself to be a brilliant storyteller.

3. The events of the previous novel are continued in the sequel "It Starts with Us," when Lily and Atlas' reunion is abruptly ended because they are both running late for work. When Atlas discovers a shattered door at the restaurant, he knows a young kid was responsible. His mother calls him after this, but he hangs up before she has a chance to say anything. Following this phone call, Atlas asks Lily out on a date, to which she instantly replies yes, but she's secretly afraid of Ryle's reaction. After their initial divorce, Lily and Ryle had a civil custody agreement in place for their child. Ryle tries to persuade Lily that he has changed and that they should get back together throughout the entire novel. Ryle approaches Lily and chokes her after learning that she is seeing Atlas. As a result, Lily goes to Atlas, who has discovered that the reason his mother contacted him was because he had an unknown sibling. The remainder of the novel then canters on Lily and Atlas as they navigate family issues and their love. Ryle is ultimately still upset, but he has accepted that Atlas and Lily will be together. After a four-year gap, the book concludes with Lily and Atlas being married and being content with Lily's kid and Atlas's younger brother.

While I thought the second book was decent overall, it seemed almost superfluous. The first book was excellent; it helped you understand how hard it can be to break a cycle of abuse and how warning signs in someone could go unnoticed if you had rose-coloured glasses on.

While there were points in the second book when I was eager to watch Atlas and Lily's romance progress, the dual point of view at times made the work tedious.



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This book was entertaining, but the pacing was terrible. Lily and Atlas take their time in the first hundred pages or so, but after that, things pick up speed and the plot is finished within five chapters. Since this was initially Lily's narrative, I was also confused by the wedding at the end because we only got to read Atlas's vows and not Lily's side of the story. I would rate Colleen Hoover's "It Starts with Us" a 3/5 overall for pacing, and you could honestly skip reading it since the plot—which centres on Lily's strength to leave an abusive situation—is exactly how it was meant to be.

4. It appears that Colleen Hoover is an expert at penning her own fan fiction. A sequel to It Ends with Us, which the author has always maintained is a stand-alone novel, is available years after the book's publication and roughly two years after it saw an unexpected rebirth on TikTok and returned to the bestseller lists.

Furthermore, it seems wholly superfluous. Told from the dual perspective of Lily and Atlas it narrates the tale of what transpired when Lily fled her violent husband Ryle. The novel also explores Atlas's past. It should come as no surprise that their lives are melodramatic, filled with intensely emotional moments, unexpected turns of events, one-dimensional personalities, and the occasional intimate moments. Atlas's background is revealed to us; he was raised by a distant mother who periodically turned violent and who preferred her abusive husband over her son. It Ends with Us' central topic is ending the cycle of domestic abuse, yet the reader never learns why Sutton acts in this way. This seems a little absurd. (And no, before someone asks me a question in the comments, it is not the responsibility of victims to help and heal offenders. However, it is the responsibility of the larger community to comprehend how it occurs so that appropriate systems and support may be established to assist everyone in ending that cycle.)

Oh, and nobody confides in a twelve-year-old about their relationship problems or uses them as a therapist. In the meantime, Ryle doesn't seem to realize that his relationship with Lily is ended and is unable to move on. The couple meets in a number of circumstances that seems convenient and deliberately created. While Ryle is working on his anger issues or taking responsibility for his past and present misbehaviour, he isn't exactly gentle. Since the circumstance isn't particularly pleasant or good, the author places a lot of emphasis on Lily's psychological reaction in these scenes.

The book is a fairly short and simple read. There were a few grammatical errors, which startled me. Having said that, there was just enough information to have me turning the pages to find out what would happen and how Atlas and Lily would deal with their tragic personal issues.

Although It Starts with Us isn't a particularly good or necessary book, Hoover's enormous fan base and exceptional marketing skills will undoubtedly propel it to the top of bestseller lists.

# V. CONCLUSION

The book "It Ends with Us" by Colleen Hoover has a sequel titled "It Starts with Us." The plot continues where the first book left off, telling the story of Atlas Corrigan and Lily Bloom.

"It Starts with Us" explores Lily's life in further detail following her breakup with Ryle. A little over a year after they split up, Lily runs into Atlas again. The 37-chapter book tells the story of their relationship's revival and how fate seems to be on their side. The narrative serves as a tribute to fate, love, and second chances.

The story doesn't fit Colleen Hoover's formula of shocking betrayals or surprising plot twists. Rather, it's a simple story about difficulties and love. Lily manages the intricacies of her relationships which becomes more strained as a result of Ryle's personal concerns, which frequently shows as hostility towards Lily. However, Atlas is presented as the picture-perfect man, practically flawless, which makes readers long for a love similar to theirs.

Marshall and Alyssa, Lily's friend and Ryle's sister, are important supporting characters in the narrative. The companions of Atlas, particularly young Theo and Josh, enhance the story with their depth. Highlights of the book are Theo's catchy one-liners, especially "I Wish for You to Be My Fish." The value of resilience, self-worth, and the capacity to move on are all emphasized throughout the book. Lily's transformation from a battered woman into a strong, self-reliant lady is an inspiration. The narrative emphasizes how important it is to make the correct decisions in spite of difficulties.

To sum up, "It Starts with Us" is a moving continuation of Atlas and Lily's tale that delves into the complexities of sacrifice, love, and personal development. It is an evidence of Colleen Hoover's talent for developing sympathetic characters and gripping stories that connect with readers.



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